







ISA Surf & SUP Coach	Beach Lifeguard	First Aid & Medical	Overseas or Private
Courses	Water Safety &	Training Courses	Courses
	Rescue Courses		

DATE	COURSE	VENUE
January	2024	2024
10 th	1 Day EFAW	International Surf Centre, Fistral
Open Course	Emergency First Aid at Work	Beach
16 th	1 Day EFAW	Camel Valley Vineyard, Cornwall
Closed Course	Emergency First Aid at Work	
27 th -28 th	2 Day ISA Level 1 Surf Coach Course	Rancho Santana, Popoyo, Nicaragua
29 th – 30 th	2 Day ISA/ILS Aquatic Rescue & Water	Rancho Santana Popoyo, Nicaragua
	Course	Nicaragua
31 st – 1 st Feb	2 Day ISA Level 1 Surf	Rancho Santana Popoyo,
	Coach Course	Nicaragua









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FEBRUARY		
2 nd – 3 rd	2 Day ISA/ILS Aquatic	Rancho Santana Popoyo,
	Rescue & Water	Nicaragua
	Course	
4 th – 6 th	3 Day ISA Level 2 Surf	Rancho Santana Popoyo,
	Coach Course	Nicaragua
$10^{th} - 11^{th}$	2 Day ISA Level 1	Fistral Beach, Newquay,
	Surf Coach Course	Cornwall, UK
12 th – 16 th	5 Day RLSS NVBLQ	Fistral Beach, Newquay,
	Beach Lifeguard	Cornwall, UK
14 th – 16 th	3 Day Refresher RLSS	
	Beach Lifeguard	









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MARCH		
16 th - 17 th	ISA Level 1 Surf	Fistral Beach,
	Coach Course	Newquay, Cornwall, UK
18 th – 20 th	3 Day SLSGB Surf	Fistral Beach,
	Coach safety &	Newquay, Cornwall, UK
	Rescue	
18 th – 22 nd	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, Cornwall, UK
20 th – 22 nd	3 Day Refresher RLSS	
	Beach Lifeguard	
29 th - 31 st	3 Day ISA Level 2 Surf	Fistral Beach,
	Coach	Newquay, Cornwall, UK









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APRIL		
6 th – 7 th	2 Day ISA Level 1	Fistral Beach,
	Surf Coach Course	Newquay, Cornwall,
		UK
8 th – 10 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, Cornwall,
	Rescue Course	UK
8 th – 12 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, Cornwall,
and a sub-		UK
10 th – 12 th	3 Day Renewal RLSS	
	NVBLQ Beach	
	Lifeguard	
$11^{th} - 12^{th}$	ISA Level 1 Surf	The Wave, Bristol
	Coach	
15 th – 16 th	ISA Level 1 Surf	Baleal Surf Camp
	Coach Course	Peniche, Portugal
$17^{th} - 18^{th}$	ILS / ISA Aquatic	Baleal Surf Camp
	Rescue & Water	Peniche, Portugal
	Safety	
19 th – 21 st	ISA Level 2 Surf	Baleal Surf Camp
	Coach Course	Peniche, Portugal
22 nd – 26 th	5 Day RLSS NVBLQ	Era Adventures
a sthe sa sth	Beach Lifeguard	Polzeath Beach, UK
24 th – 26 th	3 Day Renewal RLSS	
	NVBLQ Beach	
	Lifeguard	









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27 th – 29 th	3 Day ISA Level 2 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
MAY		
2 nd - 3 rd	ISA Level 1 Surf Coach	The Wave, Bristol
4 th – 5 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK
6 th – 8 th	SLSGB 3 Day SLSGB Surf Coach safety & Rescue Course	Fistral Beach, Newquay, UK
6 th – 10 th	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach, Newquay, UK
8 th – 10 th	3 Day Refresher RLSS Beach Lifeguard	
13 th – 14 th	2 Day ISA Level 1 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
15 th – 16 th	2 Day ISA/ILS Aquatic Rescue & Water Safety Course	Unstad Artic Surf Camp, Lofoten, Norway
17 th – 19 th	ISA Level 2 Surf Coach Course	Unstad Artic Surf Camp, Lofoten, Norway
25 th –26 th	ISA Level 1 Surf Coach	Fistral Beach, Newquay, UK









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27 th – 31 st	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, UK
29 th -31 st	3 Day Refresher RLSS	
	Beach Lifeguard	

JUNE		
8 th – 9 th	2 Day ISA Level 1 Surf	Fistral Beach,
	Coach Course	Newquay, Cornwall,
		UK
10 th – 12 th	SLSGB 3 Day SLSGB	Fistral Beach,
	Surf Coach safety &	Newquay, Cornwall,
	Rescue Course	UK
10 th – 14 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, Cornwall,
12 th – 14 th	3 Day Refresher RLSS	UK
	Beach Lifeguard	
13 th – 14 th	ISA Level 1 Surf	The Wave Bristol, UK
	Coach Courser	
29 th – 30 th	ISA SUP Flat Water	Polzeath, Cornwall,
	Instructor Course	UK









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JULY		
6 th – 7 th	ISA Level 1 Surf	Fistral Beach, Newquay,
	Coach Course	Cornwall, UK
8 th – 10 th	3 Day SLSGB Surf	Fistral Beach, Newquay,
	Coach safety &	Cornwall, UK
	Rescue	
8 th – 12 th	5 Day RLSS NVBLQ	Fistral Beach, Newquay,
	Beach Lifeguard	Cornwall, UK
	3 Day Refresher RLSS	
10 th - 12 th	Beach Lifeguard	
$15^{th} - 16^{th}$	2 Day ISA Instructor	Fistral Beach, Newquay,
	Flat Water SUP	Cornwall, UK
	Course	
AUGUST	NO COURSES	NO COURSES
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SEPTEMBER		
7 th – 8 th	ISA Level 1 Surf Coach Course	ISTCC Surfers Lodge, Baleal Portugal
9 th – 10 th	ILS / ISA Aquatic Rescue & Water Safety	ISTCC Surfers Lodge, Baleal Portugal
14 th – 15 th	ISA Level 1 Surf Coach Course	Fistral Beach, Newquay, Cornwall, UK
16 th – 18 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
16 th – 20 th	5 Day RLSS NVBLQ Beach Lifeguard 3 Day Renewal RLSS	Fistral Beach, Newquay, Cornwall, UK
18 th – 20 th	NVBLQ	Fistral Beach, Newquay, Cornwall, UK









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OCTOBER		
$4^{th} - 6^{th}$	3 Day ISA Level 2 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
7 th – 9 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
9 th — 11 th	3 Day Renewal RLSS NVBLQ	Fistral Beach, Newquay, Cornwall, UK
26 th – 27 th	2 Day ISA Level 1 Surf Coach	Fistral Beach, Newquay, Cornwall, UK
28 th – 30 th	3 Day SLSGB Surf Coach safety & Rescue	Fistral Beach, Newquay, Cornwall, UK
28 th – 1 st Nov	5 Day RLSS NVBLQ Beach Lifeguard	Fistral Beach Newquay, Cornwall, UK
30 th – 1 st Nov	3 Day Refresher RLSS Beach Lifeguard	









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NOVEMBER		
$4^{th} - 5^{th}$	ISA Level 1 Surf	Siargao, Phillpines
	Coach	
6 th – 7 th	ILS / ISA Aquatic	Siargao, Phillpines
	Rescue & Water	
	Safety	
$8^{th} - 10^{th}$	ISA Level 2 Surf	Siargao, Phillpines
	Coach	
23 rd – 24 th	ISA Level 1 Surf	Fistral Beach,
	Coacch	Newquay, Cornwall
		UK
25 th - 27 th	3 Day SLSGB Surf	Fistral Beach,
	Coach safety &	Newquay, Cornwall
	Rescue	UK
25 th – 29 th	5 Day RLSS NVBLQ	Fistral Beach,
	Beach Lifeguard	Newquay, Cornwall
27 th – 29 th	3 Day Refresher RLSS	UK
	Beach Lifeguard	









Colour Code for Courses

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DECEMBER	2023	2023
$6^{th} - 8^{th}$	First Aid at Work	Soldeu, Andorra
	FAW Course	
	Ski & Snowboard	
	Instructors	
11 th – 15 th	5 Day RLSS Beach	Fistral Beach,
	Lifeguard	Newquay, Cornwall,
13 th – 15 th	3 Day Refresher RLSS	UK
	Beach Lifeguard	
16 th – 17 th	2 Day ISA Level 1	Fistral Beach,
	Surf Coach	Newquay, Cornwall,
		UK

Merry Christmas & Happy New year from the Era Team!!